

SERVICE MENU

The Caring Touch
specializes in a combination massage
of Swedish Deep Tissue, Myofascial
Release & Reflexology

*30 minute massage
\$45.00

(Targeted Area)

*60 minute massage
\$70.00

*90 minute massage
\$95.00

*120 minute massage
\$125.00

Energy Session ONLY
60-90 minutes session
\$60.00

*Wintertime Specials
AVAILABLE

November—February
Hot Stone Infusion Massage
(90 Minute Massage Adding
Hot Stones)
\$100.00

*Summertime Specials
AVAILABLE
June—September
Cold Stone Infusion Massage
(90 Minute Massage Adding Cold Stones)
\$100.00

GIFT

The Caring Touch

Healing Hands
Healing Hearts
With
THE CARING TOUCH



Appointments can be made by
phoning:
540-678-4800 (Local)
1-877-22T-ouch (8-6824)

***REFLEXOLOGY**
The art of relaxing nerve
endings in the feet and
hands to relieve stress and
pain in the body

**Cancellation Policy: A 24 hour cancellation
is needed or a charge of \$30.00 will be
enforced with "no show no call".**

Sandra is also a
Tastefully Simple Consultant.
ID# 0083496
tastefullysimple.com/web/smckee

CERTIFICATES

REFLEXOLOGY

SERVICE MENU

HAND CARE SERVICES

Hands Only Paraffin Therapy \$10.00

***Basic Hand Reflexology \$30.00**

***Therapeutic Hand Reflexology \$40.00**

***Healing Hand Reflexology \$50.00**

FOOT CARE SERVICES

***Basic Foot Reflexology \$35.00**

***Therapeutic Foot Reflexology \$45.00**

***Healing Foot Reflexology \$55.00**

EXCLUSIVELY YOURS HAND & FOOT REFLEXOLOGY SESSIONS

***Basic Hand and Foot Reflexology \$50.00**

***Therapeutic Hand & Foot Reflexology
\$60.00**

***The Ultimate Healing Reflexology Session-
Feet With Pedi Redi Foot Soak , Hand
Paraffin, Sea Salt Scrub, Foot & Hand
Heated Mittens and Booties,
Polarity Therapy, Energy Medicine, Plus Full
Foot & Hand Reflexology Session
\$80.00**

SPECIAL

**5 Basic Hand And Foot Reflexology Ses-
sions With the 5th Session Free
\$195.00**

AVAILABLE

The Caring Touch Certified Massage Therapy with Sandra McKee

What makes the Caring Touch different from other massage locations - certified massage therapist and owner Sandra McKee has created a more personal quaint relaxation space without all the hustle and bustle of other spas & salons. Sandra offers clients a Therapeutic Massage that helps with life stresses, earlier life traumas, aches and pains, chakra energy balancing for relaxing your body, mind, and spirit. Sandra just graduated from a year certification class in energy medicine.

What is energy medicine? Energy medicine works with our energy field that extends from our body 3 to 4 feet. The energy field along with the chakra centers can hold distortions and depletions. It has been scientifically proven that with working with these distortions & depletions we can revitalize the cells tissues and organs for your body to naturally do what it was created to do - heal itself.

Sandra takes great pride in educating herself in numerous modalities to be able to understand how the human body works. Sandra is also certified in major medical massage therapy & reflexology. Sandra also has continuing education classes in Hot Stones, Qigong Polarity Therapy, Cranial Sacral, and the Chakras. Sandra is also passionate about natural supplements.

The Caring Touch carries specific natural products that have pharmaceutical grade quality and high quality ingredients. We also feature a link for great products on our website. If our location is convenient for you and you need specific supplements we will special order for you. The Caring Touch takes pride in offering quality care and services. We look forward to serving you in the future.

Sincerely,
Sandra McKee & Staff

The Caring Touch
328 W. Boscawen Street
Winchester, VA 22601

The Caring Touch



MASSAGE THERAPY
By owner
Sandra D. McKee, CMT
Certified Massage therapist
VA License #39720300

328 W. Boscawen Street
Winchester, VA 22601
www.thecaringtouchmassage.com

Gift Certificates are available online.

Business Hours:

Tues-Sat: By Appt. Only
Sunday & Monday: Closed

Visa, Mastercard, American Express and
Discover Accepted

**Appointments can be made by
phoning:**
540-678-4800 (Local)
1-877-22T-ouch (8-6824)

The Caring Touch

**Also offers a large assortment of
Natural Products-
Pharmaceutical Grade Supplements &
Vitamins, Soy Candles, Soaps
& Much More.**
**Gift Baskets and Gift Bags for Those
Special Occasions.**