

## **SERVICE MENU**

### **The Caring Touch specializes in a combination massage of Swedish Deep Tissue, Myofascial Release & Reflexology, Energy Medicine**

\*30 minute massage  
\$47.00

(Targeted Area)

\*60 minute massage  
\$83.00

\*90 minute massage  
\$111.00

\*120 minute massage  
\$137.00

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Energy Session ONLY  
60-90 minutes session  
\$74.00

\*Wintertime Specials  
AVAILABLE

November—February

Hot Stone Infusion Massage  
(90 Minute Massage Adding  
Hot Stones)  
\$111.00

#### **Why the unusual pricing numbers?**

I have based the new pricing on Numerology and Angel Numbers. This is a Master Number that has its own unique vibration - To find Inner Strength in times of trial, coping well with Crisis and Chaos. A start of a new beginning we all need new beginnings in these crazy times so I wanted to base my pricing as a blessing and prayers to all - new opportunities are on the WAY. I's could also be asking you to pay attention to your thoughts and actions in that very moment because your manifesting your future and we want a great future for all.

Blessing Sandra McKee

# **The Caring Touch**

**Healing Hands  
Healing Hearts  
With  
THE CARING TOUCH**



Appointments can be made by  
phoning:  
**540-678-4800 (Local)**  
**Cell: 540-247-5941**

#### **\*REFLEXOLOGY**

The art of relaxing nerve  
endings in the feet and  
hands to relieve stress and  
pain in the body

**Cancellation Policy: A 24 hour cancellation  
is needed or a charge of \$47.00 will be  
enforced with "no show no call".**

**Credit Card Hold; Requested for  
New Clients**

Sandra is also a  
Tastefully Simple Consultant.  
ID# 0083496  
[tastefullysimple.com/web/smckee](http://tastefullysimple.com/web/smckee)

## **REFLEXOLOGY**

### **SERVICE MENU**

#### **HAND CARE SERVICES**

**Hands Only Paraffin Therapy \$11.00**

**\*Basic Hand Reflexology \$38.00**

**\*Therapeutic Hand Reflexology \$47.00**

#### **FOOT CARE SERVICES**

**\*Basic Foot Reflexology \$38.00**

**\*Therapeutic Foot Reflexology \$47.00**

#### **EXCLUSIVELY YOURS HAND & FOOT REFLEXOLOGY SESSIONS**

**\*Basic Hand and Foot Reflexology \$56.00**

**\*Therapeutic Hand & Foot Reflexology  
\$65.00**

#### **SPECIAL**

**5 Basic Hand And Foot Reflexology Ses-  
sions With the 5th Session Free  
\$227.00**

**GIFT**

**CERTIFICATES**

**AVAILABLE**

## **The Caring Touch Certified Massage Therapy with Sandra McKee**

What makes the Caring Touch different from other massage locations - certified massage therapist and owner Sandra McKee has created a more personal quaint relaxation space without all the hustle and bustle of other spas & salons. Sandra offers clients a Therapeutic Massage that helps with life stresses, earlier life traumas, aches and pains, chakra energy balancing for relaxing your body, mind, and spirit. Sandra has taken 4 year training and certification classes in energy medicine.

What is energy medicine? Energy medicine works with our energy field that extends from our body 3 to 4 feet. The energy field along with the chakra centers can hold distortions and depletions. It has been scientifically proven that with working with these distortions & depletions we can revitalize the cells tissues and organs for your body to naturally do what it was created to do - heal itself.

Sandra takes great pride in educating herself in numerous modalities to be able to understand how the human body works. Sandra is also certified in major medical massage therapy & reflexology. Sandra also has continuing education classes in Hot Stones, Qigong Polarity Therapy, Cranial Sacral, and the Chakras. Sandra is also passionate about natural supplements.

The Caring Touch carries specific natural products that have pharmaceutical grade quality and high quality ingredients. We also feature a link for great products on our website. If our location is convenient for you and you need specific supplements we will special order for you. The Caring Touch takes pride in offering quality care and services. We look forward to serving you in the future.

Sincerely,  
Sandra McKee & Staff

**The Caring Touch**  
328 W. Boscawen Street  
Winchester, VA 22601

## **The Caring Touch**



### **MASSAGE THERAPY**

By owner  
Sandra D. McKee, CMT  
Certified Massage therapist  
VA License #39720300

328 W. Boscawen Street  
Winchester, VA 22601  
[www.thecaringtouchmassage.com](http://www.thecaringtouchmassage.com)

Gift Certificates are available online.

### **Business Hours:**

Tues-Sat: By Appt. Only  
Sunday & Monday: Closed

Cash & Checks Preferred  
Visa, Mastercard, American Express and  
Discover Accepted

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phoning:**

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Cell: 540-247-5941**

## **The Caring Touch**

**Also offers a large assortment of  
Natural Products-  
Pharmaceutical Grade Supplements &  
Vitamins, Soy Candles, Soaps  
& Much More.  
Gift Baskets and Gift Bags for Those  
Special Occasions.**